

# Marin Prevention Strategies



**IMPLEMENTATION STRATEGIES** 

#### **Expand Parents' Access to Support:**

Create a comprehensive, early intervention Parent Support Program using basic needs as the entry point for linking families to concrete supports, information, resources, parenting education and peer navigation.



#### **Increase Access to Childhood Mental Health Services:**

Create a pathway to culturally informed and linguistically relevant mental health services for children and their families.

#### **ADVOCACY AGENDA**

#### **Improve Child Care:**

Improve affordability, ensure quality, increase accessibility.

#### **Address Economic Hardships:**

Provide universal basic income to families.

#### **Increase Affordable Housing:**

Provide housing support for families.

## THE COMMITMENTS UNDERLYING THE PREVENTION PLAN





Marin County's CPP is built on a bedrock of foundational elements that guide our decisions as we use prevention to contribute to the elimination of child abuse and neglect.

#### MARIN'S VISION FOR PREVENTION

Marin CAPC will foster community partnerships to prevent child abuse through promoting equity and sharing resources to strengthen our diverse families

#### MARIN'S PREVENTION MISSION

Marin CAPC will foster community partnerships to prevent child abuse through promoting equity Marin CAPC envisions a community where all of Marin's county's children grow up safe, protected and loved.

#### MARIN'S THEORY OF CHANGE

Marin County Child Abuse Prevention Council fosters community partnerships that promote equity and strengthen our diverse families;

THEN Marin's prevention partners, organizations, neighborhoods, and natural support networks can help families of all ethnicities and cultural backgrounds:

- Receive support from an essential safety net focused on strengthening the protective capacity of families
- Access an integrated array of resources that prevent disparities in child safety and family well-being among Marin's diverse population, and
- Cultivate trust in the family-serving organizations and programs available within neighborhoods and communities;

**SO THAT** community organizations are equipped to enhance the strengths in families and build their resilience to also support the next generation of healthy, thriving children, youth and families;

THEREBY preventing the cycle of child abuse and neglect.

## Strengthening Families Framework



The Strengthening Families Framework is a researchinformed approach to increase family strengths, enhance child development, and reduce the likelihood of child abuse and neglect.

Children are more likely to thrive when their families have the support they need. By focusing on the five universal family strengths identified in the Strengthening Families Protective Factors Framework, community leaders and service providers can better engage, support, and partner with parents in order to achieve the best outcomes for kids.

- Parental resilience
- Social connections
- Knowledge of parenting and child development
- Concrete support in times of need
- Social and emotional competence of children

#### Implementation Agenda

Marin's Plan includes two specific strategies that the CAPC will champion as the backbone of our prevention efforts.

### 1 Expand Parents' Access to Support:

Create a comprehensive, early intervention Parent Support Program using basic needs as the entry point for linking families to concrete supports, information, resources, parenting education and peer navigation.

#### 2 Increase Access to Childhood Mental Health Services:

Create a pathway to culturally informed and linguistically relevant mental health services for children and their families.

#### **Expand Parents' Access to Support:**

Create a comprehensive, early intervention Parent Support Program using basic needs as the entry point for linking families to concrete supports, information, resources, parenting education and peer navigation.

With so many families in Marin County struggling with basic needs, this strategy expands the network of community resource banks providing concrete supports such as diapers, clothing, transportation vouchers, food/nutrition and other resources in an environment of peer-led parenting support, information and education. Families are drawn in through their unmet basic needs and matched with a "Peer Support Navigator" to help assess additional strengths and needs the family may have. Their neighborhood based, trained Navigator assists the family in accessing parenting education, benefits, job skill development, child care resources and other supports as needed.

Assuming funding is secured, once the program has shown efficacy on a small scale, additional "hubs" will be brought to scale in targeted locations across the County where vulnerable families are currently disconnected from resources and supports. Families can be referred to geographically based "hubs" throughout Marin County for connection to resources.

### Increase Access to Childhood Mental Health Services:

Create a pathway to culturally informed and linguistically relevant mental health services for children and their families.

Marin County will build a coalition of public and private partners to design and implement recruitment, retention and incentive structures to build mental health service delivery capacity in County agencies and CBOs throughout Marin. Funding and capacity building aimed at CBOs serving BIPOC communities and activities already happening in the community will be leveraged.